There is a need to ensure accessible information (in local language and with simple illustrations) and accessible infrastructure. As there weren’t any programmes targeting senior citizens their representation in committees formed for emergency situation (like COVID) is necessary in order to cater to their needs. The youth can play an important role on awareness raising activities and campaigns, familiarizing senior citizens with digital technology and advocating for the well being of the senior citizens. Awareness raising activities to ensure that senior citizens are aware of the services they are entitled as part of the state welfare; health, relief package, and economic support, etc. Emergency health plan and social engagement programmes should be developed for Sr. citizens.

Recommendations

1. There is a need to ensure accessible information (in local language and with simple illustrations) and accessible infrastructure.
2. As there weren’t any programmes targeting senior citizens their representation in committees formed for emergency situation (like COVID) is necessary in order to cater to their needs.
3. The youth can play an important role on awareness raising activities and campaigns, familiarizing senior citizens with digital technology and advocating for the well being of the senior citizens.
4. Awareness raising activities to ensure that senior citizens are aware of the services they are entitled as part of the state welfare; health, relief package, and economic support, etc.
5. Emergency health plan and social engagement programmes should be developed for Sr. citizens.